

**GROTON COUNCIL ON AGING  
EMERGENCY PREPAREDNESS  
FOR SENIOR CITIZENS LIVING ALONE  
(2013)**

The Groton Council on Aging Outreach Program works in collaboration with the Groton Police, Groton Fire and Groton Emergency Services.

Over the last few years, we have experienced some severe weather that have left many without power, heat, food, water, medications, transportation etc. If there were to be a severe snow storm, flooding conditions, a major ice storm, a heat wave, tornado, etc., would you want us to call to make sure you're okay? If we couldn't reach you by phone, would you like for us to make a well-being visit to make sure that you're fine?

If yes, please take a few minutes to fill out the following information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Do you live alone?    Yes                      No

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Emergency Contact Name, Relationship and Phone Numbers: \_\_\_\_\_

**MOBILITY:**

Cane: \_\_\_\_\_

Walker: \_\_\_\_\_

Bed bound: \_\_\_\_\_

Other: \_\_\_\_\_

**LIFE SUPPORT NEEDS AND CONDITIONS**

Oxygen: \_\_\_\_\_

Dialysis: \_\_\_\_\_

Insulin Dependent: \_\_\_\_\_

Other: \_\_\_\_\_

Please return forms to:  
Groton COA (978) 448-1170  
Stacey Shepard Jones, Outreach Coordinator  
163 West Main St. – Route 225  
Groton, MA 01450

