

**The Groton Center Council on Aging Board of Directors (COA)
Meeting Minutes for February 14, 2022**

| Time: Chairperson Jean Sheedy Opened and called the meeting to order at 1 pm. | |
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| Location: The February meeting was conducted via ZOOM. | |
| Attendance: Board Members: Jean Sheedy, Paula Martin, Judith Palumbo O'Brien, Therese Keoseian, Helen Sienkiewicz, Mihran Keoseian, Pascal Miller. Board Member Regrets: Peter Cunningham, Dottie Zale Non Board Member Attendees: Ashley Shaheen, Lauren Marcello | |
| Recording of Meeting Minutes: Mihran Keoseian agreed to record the minutes in the absence of Dottie Zale (<i>The COA BoD Recorder of Record</i>) | |
| Reading of Jan 2020 Meeting Minutes: Paula Martin motioned to approve the January minutes and it was seconded by Jean Sheedy. The January minutes were approved as submitted. | |
| Agenda Topic | Notes |
| Opening Comments from Jean Sheedy | Chairperson Sheedy reminded everyone that roll call and agenda motions and approvals must be accompanied by each member verbally "logging" in by name and a verbal acknowledgment of a "yay" or "nay" or comparable wording when voting. |
| My Active Center Demonstration | Ashley Introduced Bryan Perkins from My Active Center (MAC). Bryan provided the board members a live demonstration on the use and benefits of the interactive MAC website. It was noted that there will be 2 training sessions for Center users (March & April). The MAC website will go live in May. Center members will still be able to call to register for a program or do so in person. It was generally agreed that the MAC website will be a useful tool. |
| COA Department Report | Ashley presented her monthly department report. (Please see attached). |

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| Introduction of Lauren Marcello | Ashley introduced Lauren Marcello—the Center’s Community Engagement Specialist. Lauren talked about her first few weeks in Groton and how she is assimilating to the Center and the Groton community overall. |
| Other Business | Therese Keoseian asked that agenda items within “Other Business” henceforth be spelled out on the agenda. Mihran asked that the COA BoD be provided a copy of the FY 2022/2023 budget proposal which Ashley agreed to send—it was not included in the packet. Mihran also inquired about updates on the FY 2023 State Formula Grant Funding. Ashley reported there were none that she knew about at this time. Judith Palumbo asked the other board members to consider changing the meeting time and date. Chairperson Sheedy said she would poll the other committee members especially since 2 of the members were absent. Paula Martin informed the members that as of March, she will be unable to attend Monday 1 pm meetings since she will have a work commitment beginning in March. |
| Next Meeting | March 14— <i>NB: at 1:30 pm (not 1 pm)</i> |
| Adjournment | The meeting was adjourned at 2:40 pm. |
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