

Minutes from the Groton Council On Aging
Board Meeting
June 1, 2020

Members Present: Paula Martin, Gail Chalmers,
Richard Marton, Mihran Keoseian, Peter
Cunningham, Jean Sheedy, Helen Sienkiewicz

Staff Present: Kathy Shelp, Stacey Shepard-Jones,
Kathy Santiago

Gail opened the meeting, via Zoom, at 1:04 p.m.

Minutes: The minutes from the April 24
meeting were presented first. They were
reviewed and a motion to accept was
made by Peter, 2nd by Rich.

The minutes from the May 11 meeting
were presented by Helen. They were
reviewed and a motion to accept
was made by Peter, 2nd by Paula.

All unanimous approval accepted with
one abstaining.

Kathy Shelp asked for volunteers to help
in-nominating candidates to join
the Board. Gail, Paula and Helen
will help. They will meet at The Center
on Thursday, June 4 at 3:30 p.m.

Director's Report: Kathy asked for a few
members to review the bylaws. Paula,
Mihran, Peter and Helen will meet later
this month.

Kathy then discussed the new protocols for the re-opening of The Center.

During July and August there will be skeleton programs. One exercise class in the morning. The painting, writing, knitters and book club will all meet via Zoom.

Kathy will purchase an "Owl" device to use with residents who do not want to meet in person.

All expenses must be approved by Mark Haddad for the near future.

Peter asked about setting up chairs in the great room for programs. No more than 25 visitors, excluding staff will be allowed at a time.

Everyone's temperature will be taken as soon as they enter the building, along with wearing a mask. No one's temperature can exceed 100.3°.

Mihran asked if the Center could lower the temperature. Kathy said we would need to get approval.

Only two people at a time will be allowed in the exercise room.

To see a movie you must sign up via e-mail. No food will be served until further notice.

Staff will wipe down all chairs after usage. No outside groups will be using the building. Bone Builders class must use separate equipment. Yoga mats must be brought in by individuals. Ladies Room will be completed by July opening. Women's Club, possibly, will serve two meals on one day. No date yet.

During July and August, programs will be opening up slowly. Paula suggested we meet outside. Perhaps in September. Indian Hill group may play a concert. Next week Gay Nineties lunches will be delivered. John Murphy will go along to perform.

Outreach Report: There have been volunteers doing grocery shopping for seniors. A few people have been coming to the Food Pantry. All remaining items will be donated to Loaves & Fishes on June 27.

Activities/Volunteer Report: Kathy is very anxious for the programs to start up. She, along with all of us, misses seeing our Seniors.

Jean asked about vacation time for the staff. They will be able to take their time off.

Paula asked about the volunteer update meeting to be held on June 17.

Foot care will resume on June 9.

Dementia Friendly initiative is on hold.

Rich asked about e-mail sign-ups.

Mihran suggested we use the sign-up procedure that the Library uses.

There was a long discussion about folks owning cell phones.

Next meeting July 13 at 1:00 pm via Zoom.

Motion to accept Director's and Staff reports was made by Paula, 2nd by Mihran. All unanimous approval accepted.

Motion to adjourn was made by Peter, 2nd by Paula. All unanimous approval accepted.

Respectfully Submitted by
Helen Sienkiewicz,
Secretary

Groton Council On Aging
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