

Minutes from the Groton Council On Aging  
Board Meeting  
January 13, 2020

Members Present: Jean Sheedy, Richard Marton,  
Paula Martin, Peter Cunningham, Sheila Nash,  
Mihran Keoseian, Helen Stenkiewicz

Staff Present: Kathy Shelp, Stacey Shepard-Jones,  
Kathy Santiago

Richard called the meeting to order at 12:40 p.m.

Minutes: Minutes from the November 18 meeting  
were presented by Helen. They were reviewed  
and a motion to accept was made by Peter,  
2nd by Jean. All unanimous approval accepted.

Director's Report: Thirteen outside groups  
have met at The Center. There is a good  
interest in pool lessons. Perhaps we need  
a second table. There are 32 folks signed  
up for the exercise room. A second yoga  
class will be starting up. Dementia Friendly  
Committee is looking for participants.  
There are four people who will be trained  
on January 24, for the kitchen operation.  
Kathy asked if we would be comfortable  
allowing liquor to be served at the Italian  
Night. We agreed to try it.  
Kathy discussed the Long Term Planning  
Guide packet to perhaps make any changes

Mihran spoke about the new conservation preservation committee. He is very pleased with how things are going so far.

Activities/Volunteer Report: Very busy. There are 70 folks signed up for both the Women's Club lunch and a lunch and learn on Tanzania. The newsletter is now going to be printed bi-monthly. Badger's Funeral Service will now be sponsoring some programs going forward.

Next meeting February 10 at 12:30 p.m.

Motion to accept Directors and Staff reports was made by Peter, 2nd by Paula. All unanimous approval accepted.

Motion to adjourn was made by Paula, 2nd by Jean. All unanimous approval accepted.

Respectfully Submitted by  
Helen Sienkiewicz,  
Secretary  
Groton Council On Aging  
January 13, 2020