

Minutes from the Groton Council on Aging  
Board Meeting  
January 28, 2019

Members Present: Norma Garvin, Richard Marton,  
Paula Martin, Peter Cunningham, Jean Sheedy,  
Gail Chalmers, Helen Sienkiewicz

Staff Present: Kathy Shep, Stacey Shepard Jones

Others Present: Carolyn Perkins, Michelle Collette

Gail opened the meeting at 12:58 p.m.

Michelle spoke first about the "Groton Civil Discourse Project". She explained their hope to develop an environment, where people feel free to express their opinions in a respectful manner. They have had several practice sessions concerning different issues. They are hopeful to have town involvement.

Minutes: Minutes from the October 26 meeting were presented by Helen Sienkiewicz. They were reviewed and a motion to accept was made by Peter, 2nd by Norma. All unanimous approval accepted.

Treasurer's Report: Kathy reviewed and explained the report to us. There have been some sizable donations to the new Center Fund. Motion to accept the treasurer's report was made by Peter, 2nd by Paula. All unanimous approval accepted.

Outreach Program Report: Stacey has received about 150 of the 2019 outreach forms back.

She is working on getting the information input. She is currently taking a class on elder isolation. There is a severe effect on elders health when they become isolated. She will follow-up with her new information and work on a project to help our isolated seniors to be more comfortable in their living situation. We discussed the possibility of developing a program to help folks with all types of aging and loss.

Activities/Volunteer Program Report: Activities have been somewhat quiet. "Great Courses" is a popular program. Marion Ryan's visit was a very enjoyable, informative event.

Director's Report: Kathy presented us with a new "Social Media Policy" and a "Pickleball Policy." They were reviewed and a motion to accept was made by Peter, 2nd by Jean. Both policies were unanimously approved and accepted. There were several no-shows for the New Year's celebration and we discussed what to do going forward. Should we perhaps sell tickets in advance? We will be discussing this topic in the future. Kathy will work on a policy to handle this issue. The "Fund Raising Kick-off" will be held on April 6 from 6-8 p.m. The March newsletter will explain the details for the event. First Monday in March the tickets will go on sale.

Peter spoke on the Building Committee. Some water collected in the foundation during last weeks rain storms. There is currently a stoppage with some areas of the construction.

Next meeting will be held on February 19, at 2:00 p.m.

Motion to accept Directors and Staff reports was made by Paula, 2nd by Norma. All unanimous approval accepted.

Motion to adjourn was made by Peter, 2nd by Gail. All unanimous approval accepted.

Respectfully Submitted by  
Helen Sienkiewicz,  
Secretary  
Groton Council On Aging  
January 28, 2019