

Minutes from the Groton Council of Aging  
Board Meeting  
October 26, 2018

Members Present: Norma Garvin, Sheila Nash,  
Jean Sheedy, Paula Martin, Helen Sienkiewicz

Staff Present: Kathy Shelp, Stacey Shepard Jones,  
Kathy Santiago

Meeting was opened at 1:05 p.m.

Minutes: Minutes from the September 17  
meeting were presented by Helen Sienkiewicz.  
They were reviewed and a motion to accept  
was made by Kathy, 2nd by Norma. All  
unanimous approval accepted.

Treasurer's Report: Kathy reviewed the report  
with us. The two Kathy's took a Serve Safe  
course, on-line, to make sure they are  
performing kitchen activities correctly.  
There has been supplemental monies given  
to the strength training program from the  
Office of Elder Affairs. There are very specific  
items that these monies can be used for.

Director's Report: Kathy explained the policy  
of the van drivers caring for passengers,  
during their trips. The Pickle Ball rules and  
regs were explained. Office of Elder Affairs  
will be here on November 19 at 12:30 p.m.  
Kathy also spoke about the new website

where pictures will be used, as to whether or not any seniors are comfortable with their photo on the internet.

Activities/Volunteer Report: Veteran's Breakfast going well at the Fire Station. The Firemen and women have taken over cooking and doing a great job. Book Club is growing. Medicare Enrollment session was a success. Bone Builders going well. Vermont trip was great. Gibbet Hill event coming up. Veterans will be getting together with the students at GDA's, on November 9. The walkers would like an additional day to walk.

Outreach Program Report: Only three fuel-assistance applications so far. Stacey will advertise, hopefully to attract Groton residents to apply. Stacey is preparing the insert for the census to make the town aware of any new emergency preparedness info. She will call home-bound folks to schedule delivery of Gibbet Hill dinners. Needs assessment surveys to be going out.

Norma asked about fund raising.

Next meeting at Lost Lake, November 19 at 12:30.

Motion to accept Director's and Staff reports was made by Paula, 2nd by Sheila. Unanimous approval accepted.

Motion to close the meeting was made by Paula, 2nd by Sheila. Unanimous approval accepted.

Respectfully Submitted, by Helen Sienkiewicz, Sec.  
Groton Council on Aging, October 26, 2018